



# *La Trattoria Catering*

## CANAPE LIST

### COLD

- Mini Sandwich Selection
  - (Tuna, Roast Beef, Egg, Turkey, Ham & Cheese, Cucumber, Crab Meat, Smoked Salmon)
- Bresaola - air dried Beef with Parmesan and Arugula
- Tepanyaki Beef Roll with Asparagus & Sesame Sauce (\$1)
- Crisini and Parma Ham Sticks
- Asparagus Spears with Parma Ham
- Duck Salad in crispy Phyllo Cup
- Smoked Salmon Mousse Roulade with Mango
- Shrimp with Cocktail Sauce
- Foccacia Triangle with Cream Cheese and Smoked Salmon
- Seared Tuna Nicoise on Toast
- Salmon Tartar on Toast points
- Gazpacho (or other cold soups) served in shot glasses
- Phylo Tartlets w/ Asian Beef Salad
- Jonah Crab Salad on Toast
- Sun-dried Tomatoes and Goat Cheese on sliced Baguette
- Fruit Skewer with Balsamic Reduction
- Caprese on rounds of toast

### HOT

- Chicken Curry Puffs
- Escargot in Profiteroles with Garlic Cream Sauce
- Mini Jamaican Beef Patties
- Mini Chicken Skewers with Peanut Dip
- Porcini risotto served on Asian spoons
- Mini Fish Cakes topped with Banana

- Mini Pastry Cases with Seafood Filling and Lobster Sauce
- Deep Fried Shrimp
- Quesadilla Wraps with BBQ Chicken Breast & Smoked Mozzarella
- Coconut Shrimp lollipop with a Mango Yogurt Dip
- Scallops and Bacon
- Stuffed Mushroom Caps
- Cocktail Size Quiche
- Phylo Pockets with Ricotta Cheese & Spinach
- Wonton with Sweet and Sour Dip
  - (Chicken, Beef or Seafood)
- Twice Baked New Potatoes with Fontina Cheese, crispy Pancetta, Chives, & Truffle Oil
- Chicken Wings
- Meatballs in Spicy Tomato Sauce
- Breaded Fish Strips
- Mini Franks in a Blanket
- Mini Spring Rolls with Thai Dip
- Empanadas – Pastries filled with Mexican Chili
- Fried Mozzarella Sticks
- Mini Pizza with Eggplant, Zucchini and Pine Nuts  
Or custom made toppings
- Feta and Pine Nut Roll with Honey Yogurt Dip
- Panko coated Spicy Tuna Roll

- **PLATTER SERVICE**

- **Minimum of 15 people**

- Mexican Guacamole layers of Cream Cheese, Guacamole, Salsa and shredded Cheese \$34
- Crudites with your choice of dipping sauce \$34
- *a) Eggplant Mousse b) Cream Cheese and Pesto c) Crab Meat d) Yogurt e) Hummus*
- Baked Brie Cheese with Artichokes and Cranberry Dip \$70

# Sushi and Dim Sum

## SUSHI SELECTION

\$20.50 per dozen

Norimaki (seaweed roll with variety of fillings)  
and Nigiri (seafood served over sticky rice)  
All items are cooked or marinated

## MORE SUBSTANTIAL FINGER FOOD

Often, a selection is required for lunch or cocktail parties which can offer a more substantial food item for your guests.

We have formatted a small list below which can be provided in larger portions when ordered by the dozen. We hope this is helpful when assessing your requirements.

### EACH ITEM PRICED PER DOZEN

#### **PIZZA CALZONE \$29**

Pizza Dough folded on itself to make a pocket filled with your choice of meat, seafood or vegetables

#### **CHICKEN CURRY PUFF \$29**

#### **SKEWERS (\*\*\*)**

Your choice of

Wahoo marinated with Herbs	\$31.00
Beef Sirloin with Vegetables	\$42.50
Beef Tenderloin with Vegetables	\$47.00
Chicken Sate with a Peanut Dip	\$30.00
Shrimp	\$31.50
Vegetable	\$24.50
Mini Burgers	\$36.00

## CANAPE PRICE LIST

### BEFORE DINNER WE RECOMMEND

4 PIECES PER PERSON  
(i.e. 2 HOT AND 2 COLD CANAPES)

**\$9.75 PER PERSON**

---

### REGULAR SERVICE

**Please select from full list**

6 PIECES PER PERSON  
(i.e. 3 HOT AND 3 COLD CANAPES)

**\$13.75 PER PERSON**

8 PIECES PER PERSON  
(i.e. 4 HOT AND 4 COLD CANAPES)

**\$17.75 PER PERSON**

10 PIECES PER PERSON  
(i.e. 5 HOT AND 5 COLD CANAPES)

**\$22.75 PER PERSON**

---

\*\*\*\*

All prices are subject to change according to availability and market price