

Take Out Lunch Menu

APPETIZERS & SALADS

INSALATA CESARE - \$9.95

Romaine lettuce tossed with our special Caesar dressing & garlic croutons

♥ INSALATA DI SPINACI - \$9.95

Fresh spinach with onion, bacon & chopped boiled egg

♥ INSALATA TRATTORIA - \$10.75

A combination of avocado, red onions, palm hearts, arugula, radicchio & Belgian endive

♥ INSALATA MISTA - \$7.90

Tender mixed lettuce leaves served with your choice of dressing

POMODORI E MOZZARELLA - \$13.40

Fresh mozzarella, ripe tomatoes & olive oil over mixed lettuce

CALAMARI - \$12.90

Deep fried squid with spicy tomato sauce

MAIN SALADS

INSALATA DI POLLO E AVOCADO - \$13.40

Avocado, chicken strips, tomatoes and cucumber in a curry dressing,
topped with lettuce & toasted almonds

CESARE CON POLLO - \$13.40

Romaine lettuce with grilled chicken breast served
with our special Caesar dressing & garlic croutons

GAMBERI E CAPESANTE - \$16.55

Grilled shrimp & scallops, mixed lettuce, drizzled with balsamic-Dijon vinaigrette

♥ TONNO ALL' INSALATA - \$14.50

Grilled tuna on a bed of string beans, cucumber,
Kalamata olives, potatoes & tomatoes

♥ MEDITERRANEO INSALATA - \$13.20

Chickpeas, lentils, cucumber, red onion, Kalamata olives,
grape tomatoes, broccoli, kale & balsamic vinaigrette

INSALATA CON BRESAOLA - \$14.50

Arugula topped with bresaola, parmesan shavings, olive oil & lemon dressing

COUSCOUS E VEGETALI INSALATA - \$13.30

Couscous with roasted zucchini, yellow squash, eggplant, peppers and extra virgin olive oil
Add chicken (\$3.00), shrimp (\$6.00), or salmon (\$6.00)

PASTA

Extra toppings – Add \$1.60 (Shrimp Add \$2.60)

FETTUCCHINE ALFREDO - \$16.30

Flat noodles tossed with mushrooms, ham & parmesan in a cheese sauce

RAVIOLI MONA LISA - \$16.30

Pockets of pasta stuffed with ricotta cheese in a creamy
pink sauce with a hint of tomato, peas & parmesan cheese

LASAGNA TRATTORIA - \$16.30

Sheets of pasta layered with a meat & cheese sauce,
oven baked with mozzarella cheese

PENNE GAMBERI E ARUGULA - \$17.85

Penne, shrimp, arugula & creamy shrimp bisque

MANICOTTI AL POLLO - \$16.30

Sheets of pasta, rolled & filled with ricotta cheese,
shredded chicken, parmesan cheese & sautéed spinach, baked in a tomato sauce

SPAGHETTI PESCATORE - \$18.40

Spaghetti, garlic, white wine, cherry tomatoes & a variety of seafood

♥ PENNE SICILIANE - \$16.30

Penne pasta, eggplant, tomato sauce, basil & parmesan cheese

SPAGHETTI CARBONARA - \$16.30

Spaghetti, pancetta, cream, parmesan cheese & egg

FETTUCINE POMODORO - \$16.30

Flat egg noodles, tomato sauce, feta cheese & basil

LINGUINE COZZE E SALSICCIA PORTOGHESE - \$17.85

Linguine pasta, fresh mussels, chourico & cherry tomatoes

SOUPS

ZUPPA DEL GIORNO - \$8.15

Chef's soup of the day

♥ ZUPPA DI PESCE - \$8.70

Fish chowder laced with black rum and sherry peppers

MAIN DISHES

♥ SALMONE ALLA GRIGLIA - \$28.10

Soy marinated grilled salmon with sautéed spinach

VITELLO PARMIGIANA - \$28.30

Breaded veal topped with tomato and mozzarella
served with penne in a tomato sauce

♥ POLLO GRIGLIA - \$23.40

Grilled chicken breast served with a mixed salad

BISTECCA AL FERRI - \$29.70

Grilled sirloin steak served with french fries

PANINI

FOCACCIA AL POLLO - \$12.35

Focaccia bread filled with grilled chicken breast
& grilled vegetables, served hot with mustard dressing & bean salad

FOCACCIA TRICOLORE - \$12.35

Fresh mozzarella cheese, avocados, tomato, arugula & Parma Ham

ROTOLO CON TACCHINO - \$12.35

Spinach wrap, turkey, cheddar cheese, tomatoes,
romaine lettuce, herbed mayonnaise & a touch of mustard

PANINI AL SALMONE - \$12.35

Pan-fried fresh salmon, arugula, tomatoes
& herbed mayonnaise on olive bread

HAMBURGER TRATTORIA - \$12.35

Grilled hamburger, topped with fried onions & fontina cheese on a toasted bun

SALCICCIA E BROCCOLI - \$12.35

Grilled sausage, sautéed broccoli and Provolone cheese in a baguette

CIABATTA MILANESE - \$12.35

Chicken Milanese with arugula, herb mayo & Provolone cheese in a ciabatta

BISTECCHINA - \$12.35

Thinly sliced sirloin steak with onions, arugula,
avocado & spicy mayo on a baguette

PANINO CON PESCE - \$12.35

Toasted raisin bread with lettuce, tomato,
tartar sauce and the fish of the day

PIZZA

Made in Bermuda's Only Wood Burning Brick Oven
Prices shown for 12 " - Extra toppings \$1.95 each

1. MARGHERITA CLASSICA - \$17.10

Mozzarella cheese & tomato sauce

2. PEPPERONI - \$18.10

Mozzarella cheese, tomato sauce & pepperoni

3. CAPRICCIOSA - \$19.70

Mozzarella cheese, tomato sauce, ham, mushrooms & pepperoni

4. PIZZA CON GAMBERETTI - \$20.25

Tomato sauce, light mozzarella cheese & jerk seasoned shrimp

5. VEGETALI CON AGLIO - \$19.70

Roasted vegetables, tomato sauce, olive oil & goat cheese

6. SALSICCIA - \$20.25

Green & red pepper, Italian sausage, mozzarella cheese & tomato sauce

7. ARUGULA - \$19.70

Arugula, Parma ham (Prosciutto), mozzarella cheese & tomato sauce

8. PIZZA NEW DELHI - \$19.70

Chicken tikka, red onions, yogurt, mozzarella cheese & tomato sauce

9. VERDE - \$19.70

Spinach, broccoli, garlic, black olives & smoked mozzarella cheese

10. CALZONE TOTO - \$20.25

Pizza pocket with ham, mushrooms, sun-dried tomatoes & mozzarella cheese

11. PIZZA SICILIANA - \$19.70

Eggplant "Funghetti", tomato sauce, smoked mozzarella & basil

12. PIZZA ALFREDO - \$19.70

Cream & parmesan sauce, cooked ham, mushrooms & mozzarella

13. AL SALAME - \$19.70

Salami 'Napoli', roasted artichokes, tomato sauce, mozzarella & shaved parmesan cheese

14. PIZZA CON TONNO - \$19.70

Tomato sauce, tuna chunks, light mozzarella cheese, red onion & sliced lemon

15. PIZZA CON PATATE - \$19.70

Sliced tomato, mozzarella cheese, potatoes, onions, truffle oil & diced Parma ham

16. PIZZA NEPOLETANA - \$19.70

Tomato sauce, garlic, oregano, capers, anchovies, light mozzarella & olives

17. PIZZA CON CAPRINO - \$19.70

Pesto sauce, goat cheese, sliced tomatoes, garlic, topped with arugula

SIDE ORDERS

Focaccia - \$3.70

French Fries - \$7.10

Onion Rings - \$7.30

Bruschetta "Trattoria Style" - \$3.95

Garlic Bread - \$3.70

Olive Paste - \$3.95

Mozzarella Sticks - \$8.15

DESSERT

\$7.10

Almond chocolate cake - cannoli - profiterole
apple pie - cheesecake and more...

GLUTEN FREE

Pasta and Pizza Available

Add \$1.60

♥ = Low Cholesterol Item